In the third year of its Pros in the Profession awards program, Crest + Oral-B has recognized four registered dental hygienists who demonstrate excellent patient care, a passion for the profession, and a dedication to learning.

The awards acknowledge the pivotal role these hygienists play in the lives of their patients — and their unwavering personal commitment to promoting good oral health in their communities.

“We have seen extraordinary entries over the past several years, which is why we must continue to honor those hygienists whose passion shine through in their everyday work,” said John Scarchilli, global scientific communications director, Procter & Gamble Oral Care. “These individuals dedicate countless hours to furthering the oral health cause, so we are pleased to be able to applaud them publicly.”

The winners in this third year of the award are Michelle Vacha, Heather Steich, Mallory Edmondson and Amy Kinnamon.

While earning the honor in her own unique way, each winner shares the same dedication to promoting and participating in good oral care for patients. More about the winners:

Michelle Vacha, RDH, BS, received her degrees from Northern Arizona University and has been practicing in Colorado Springs, Colo., for the past 24 years. “I am so honored to be receiving this award,” said Vacha about being named a winner for year three. “I am hoping the attention from it will bring awareness to the public and other hygienists who care for older adults. Through my work, I help seniors deal with specific health factors they face due to lack of dental support. We want to ensure that all of the good work that has been done to maintain oral health throughout life is also preserved once insurance is no longer available through retirement or fixed income.”

Heather Steich, RDH, received her degree at the University of the Pacific, Arthur D. Dugoni School of Dentistry, and has been practicing in San Francisco for the past five years. “I will be taking my second oral health service/mission trip to Honduras this year,” said Steich about winning $1,000. “Last year I used my own funds for the trip, but this year I plan on using the award toward the expenses of the trip. In effect, the award will be going back to the community I love to serve.”

Mallory Edmondson, RDH, BS, received her BSDH from Indiana University South Bend and is currently at the University of Bridgeport Fones School of Dental Hygiene for her MSBH. She has been practicing in Merrillville, Ind., for the past two years. “My favorite aspect of dental hygiene is the limitless opportunities available within the profession,” said Edmondson about being an RDH. “We are educators, managers, practitioners and much more. Hygienists are able to adapt to any given situation and apply their knowledge and skill sets far beyond the dental chair.”

Amy Kinnamon, RDH, received her degree from Shawnee State University and has been practicing in Athens, Ohio, for the past 17 years. “Last year I was invited to the U.S. National Oral Health Alliance because of my research concerning ways to increase compliance in dental care amongst Appalachian children. This year, I have the honor of giving a continuing education course concerning my research at Ohio’s dental hygiene total development weekend. This has been a career goal of mine since returning to my hometown in Appalachia almost 20 years ago.”

About Pros in the Profession
Crest + Oral-B has rewarded the four RDH winners with:
- An all-expense paid trip to visit the Procter & Gamble German Innovation Center in Kronberg, Germany
- A $1,000 monetary prize
- A recognition plaque
NiteBite provides preventive incentive

By Keystone Industries Staff

Many goals of minimally invasive, preventive oriented dental practices can be realized using the unique treatment advantages of NiteBite. The device helps ensure your patients’ dental health investment by reducing the need for future treatments.

With the NiteBite in place, the jaws’ opening reflexes achieve a “non-contacting” introral relationship. Wear facets and wear patterns, worn down and loose teeth, broken teeth and broken restorations are prevented when the NiteBite maintains the jaws at a fully rested, non parafunctional, relaxed and centric-oriented relationship.

According to the manufacturer, the NiteBite’s ease of use and five-minute fitting and insertion by dentist or hygienist provides immediate relief for patients and also creates profitable return for the practice. That’s why the manufacturer calls the NiteBite “a practice builder.”

Using the NiteBite early in a treatment plan can immediately reduce Tmj/Tmd symptoms. Many patients will appreciate instant comfort and relaxation as the NiteBite eliminates the damages of stress, tension and the parafunctional occlusal and muscular problems of grinding and clenching. The NiteBite will reduce pain in and around the head and neck — eliminating muscle spasms and nighttime clenching, grinding and bruxism.

The success of periodontal treatment can improve as the NiteBite eliminates eccentric mandibular contact and the forces of bruxism. Post-operative stabilization is enhanced because the teeth do not touch at night when the jaw opening reflex is triggered by the NiteBite.

“Hot” or endodontically involved teeth can easily be discluded with the aid of the NiteBite. Grinding and clenching at night are reduced or eliminated. Post-operative tempormandibular pain and muscle problems of grinding and clenching and insertion by dentist or hygienist adds up to “using the NiteBite first” in your prevention and treatment protocols.

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